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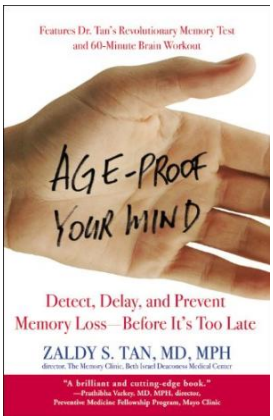
AGE-PROOF YOUR MIND: DETECT, DELAY, AND PREVENT MEMORY LOSS--BEFORE ITS TOO LATE



Warner Books (NY). Paperback. Book Condition: New. Paperback. 304 pages. Dimensions: 8.9in. x 6.0in. x 1.0in.- Age-Proof Your Mind is the first book to provide a comprehensive method for readers to test their memory. The groundbreaking Memory Stress Test can help readers detect memory problems before its too late. - With more than four million Americans suffering from Alzheimers, and millions more from degenerative brain disorders, there is a large audience eager for the information in this book. - Other...

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