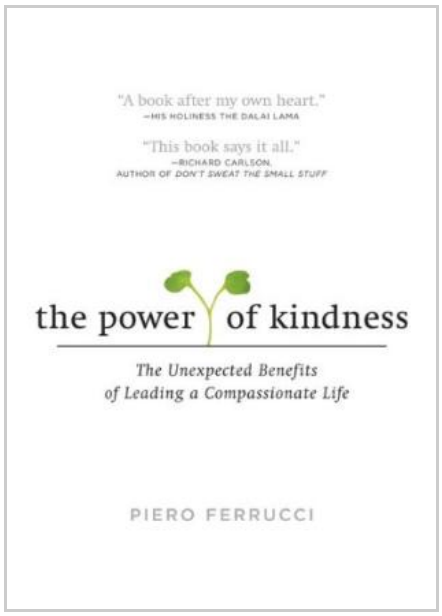


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# The Power of Kindness: The Unexpected Benefits of Leading a Compassionate Life

By Piero Ferrucci, Vivien Reid Ferrucci

Penguin Putnam Inc. Paperback / softback. Book Condition: new. BRAND NEW, The Power of Kindness: The Unexpected Benefits of Leading a Compassionate Life, Piero Ferrucci, Vivien Reid Ferrucci, Piero Ferrucci warns against the dangers of "global cooling." As the pace of living grows faster and the impact of new technologies more insistent, communications become hurried and impersonal. The drive for profit overrides the heart. Warmth and genuine presence fade. "The Power of Kindness" is a stirring examination of a simple but profound concept. Piero Ferrucci, one of the world's most respected transpersonal psychologists, explores the many surprising facets of kindness and argues that it is this trait that will not only lead to our own individual happiness and the happiness of those around us, but will guide us in a world that has become cold, anxious, difficult, and frightening. In eighteen interlocking chapters, Dr. Ferrucci reveals that the kindest people are the most likely to thrive, to enable others to thrive, and to slowly but steadily turn our world away from violence, self-centeredness, and narcissism- and toward love. Writing with a rare combination of sensitivity and intellectual depth, Dr. Ferrucci shows that, ultimately, kindness is not a luxury in our...

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### Reviews

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