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THE NEW SUGAR BUSTERS! SHOPPER S GUIDE (PAPERBACK)



Random House USA Inc, United States, 2003. Paperback. Book Condition: New. Revised. 168 x 104 mm. Language: English . Brand New Book. SUGAR BUSTERS!(R) forever changed the way Americans eat, offering a delicious new approach to diet and health. The SUGAR BUSTERS!(R) Shopper s Guide soon followed- and made finding SUGAR BUSTERS!(R)-friendly fare at the grocery store and supermarket a snap. Now, five years later, this revolutionary little guide has been completely revised and updated to include more food selections and...

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- Authored by H. Leighton Steward
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