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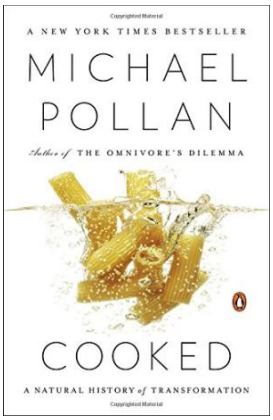
COOKED: A NATURAL HISTORY OF TRANSFORMATION (PAPERBACK)



Penguin Books, United States, 2014. Paperback. Book Condition: New. Reprint. 212 x 136 mm. Language: English . Brand New Book. In Cooked, Michael Pollan explores the previously uncharted territory of his own kitchen. Here, he discovers the enduring power of the four classical elements--fire, water, air, and earth--to transform the stuff of nature into delicious things to eat and drink. Apprenticing himself to a succession of culinary masters, Pollan learns how to grill with fire, cook with liquid, bake bread,...

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- Authored by Michael Pollan
- Released at 2014

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