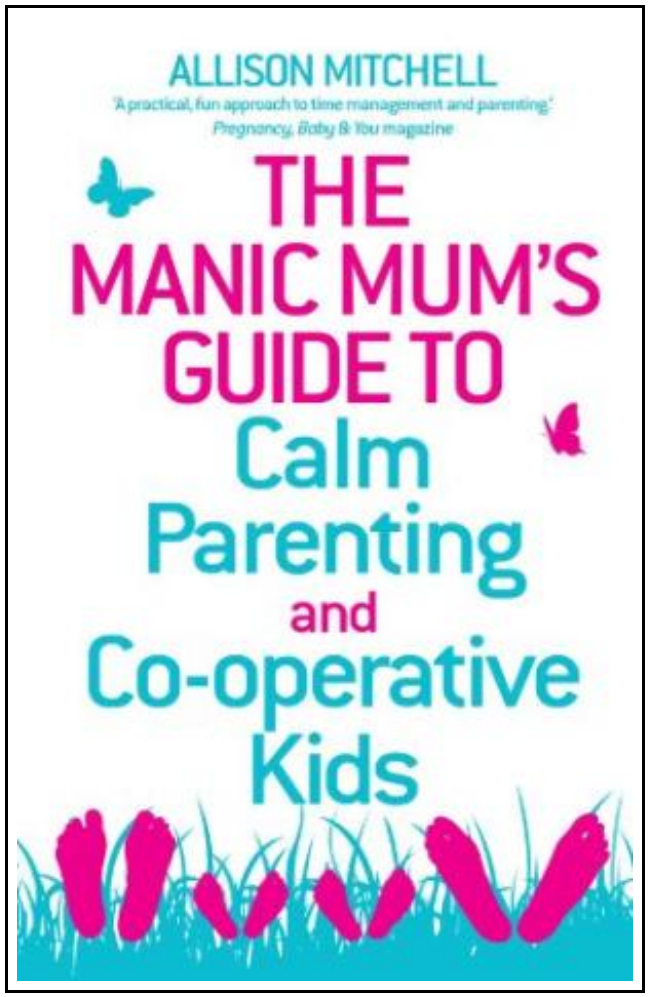
The Manic Mum's Guide to Calm Parenting and Co-operative Kids



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Reviews

This publication is really gripping and exciting. It really is basic but unexpected situations in the 50 % in the book. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Prof. Salvador Lynch)

THE MANIC MUM'S GUIDE TO CALM PARENTING AND CO-OPERATIVE KIDS

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Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, The Manic Mum's Guide to Calm Parenting and Co-operative Kids, Allison Mitchell, Ever felt like you're banging your head against a brick wall? Do you sometimes wish your children would take you more seriously and that you had more time, patience and energy to be the mother you want to be? If you'd love a calm house, you're not alone, and this book is packed full of jargon-free, common-sense techniques, tools and ideas that'll turn you from manic to calm and in control in just 7 weeks. Allison shows you how to: be the mother you want your children to have; increase your patience and lower agitation; make you and your children feel great about themselves; get children to listen and do what they're told (yes, it's possible!); create a calm, happy household; and, find time to enjoy your little darlings! With only seven chapters to read over seven weeks, this book is easily digestible and full of invaluable little nuggets of wisdom.

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