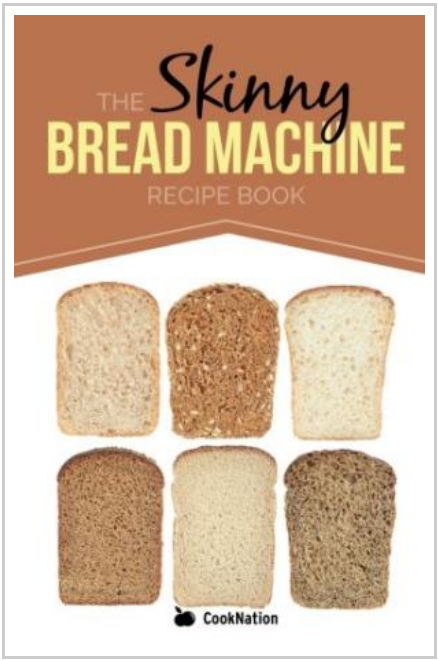

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The Skinny Bread Machine Recipe Book: 70 Simple, Lower Calorie, Healthy Breads. Baked to Perfection in Your Bread Maker. (Paperback)

By Cooknation

Bell Mackenzie Publishing, United States, 2014. Paperback. Book Condition: New. 208 x 138 mm. Language: English . Brand New Book ***** Print on Demand *****.The Skinny Bread Machine Recipe Book 70 Simple, Lower Calorie, Healthy Breads. Baked To Perfection In Your Bread Maker! We all love bread, yet increasingly people are feeling that it is becoming difficult to eat as part of a healthy diet. With The Skinny Bread Machine Recipe Book, home baked bread can still be a healthier part of your diet. For each of our skinny bread machine recipes we have taken traditional ingredients such as full fat butter, milk cheese and, where possible, replaced them with alternatives which are either lower in calories, sugar, salt or saturated fats. Each of the recipes have been tried and tested to make perfect homemade bread in your bread machine. The freshly baked bread you make will look and taste great and you ll be happy you ve done your best to bake a better loaf for you and your family. Recipes include: Traditional White Wholemeal Breads Tarragon Mozzarella Cheese Bread Red Pesto Bread Cranberry Bread White Spiced Butternut Squash Bread Pink Beetroot Bread Sun-dried Tomato Bread Olive Bread Indian...

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Reviews

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