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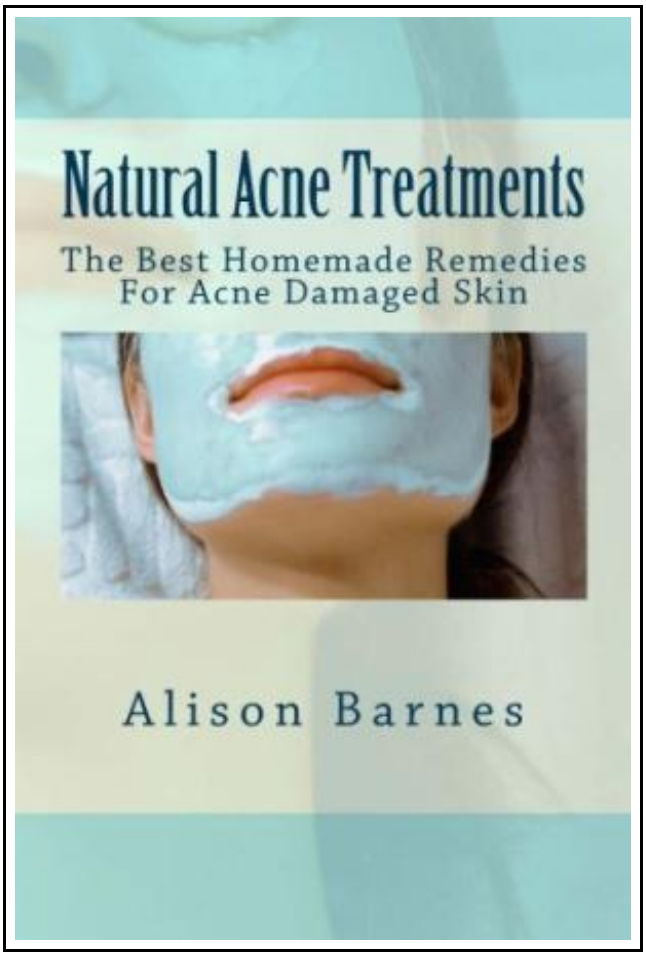

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Createspace, United States, 2012. Paperback. Book Condition: New. 230 x 164 mm. Language: English . Brand New Book ***** Print on Demand *****.Natural Acne Treatments is a collection of the best homemade remedies for acne prevention and repair of damaged skin. These natural acne treatments will help you eliminate your acne and restore beautiful, healthy, smooth skin. The focus of our book is on healthy nutrition and simple 100 natural acne treatments. Following our natural acne treatment will stop the causes of acne quickly while repairing your skin, eliminating acne scars, and giving your skin a beautifully radiant and youthful appearance. The remedies work by attacking the causes of acne, not by treating the effects. Everything recommended is fast acting and 100 natural and usually available right in your home at little or no additional cost. The recommendations are easy to follow and effective on all types of acne including teenage acne, back acne, adult acne, cystic acne, acne scars, and chronic oily skin. Written to help those with acne problems, Natural Acne Treatments provides gentle and effective solutions to those seeking to avoid harsh chemical skin treatments and/or pharmacological approaches to acne relief. Subjects include: - The one thing you can start doing today that will help clear up your acne naturally and super quickly. - The different types of acne (and what causes acne in the first place). Our natural acne treatment will help you understand what type of acne you have and how best for you to treat it. - The ten best foods you should eat to help clear up your acne. The program will show you the food you should be eating to help eliminate your acne naturally and stop it from returning - The ten foods that will actually make your acne worse. These...

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