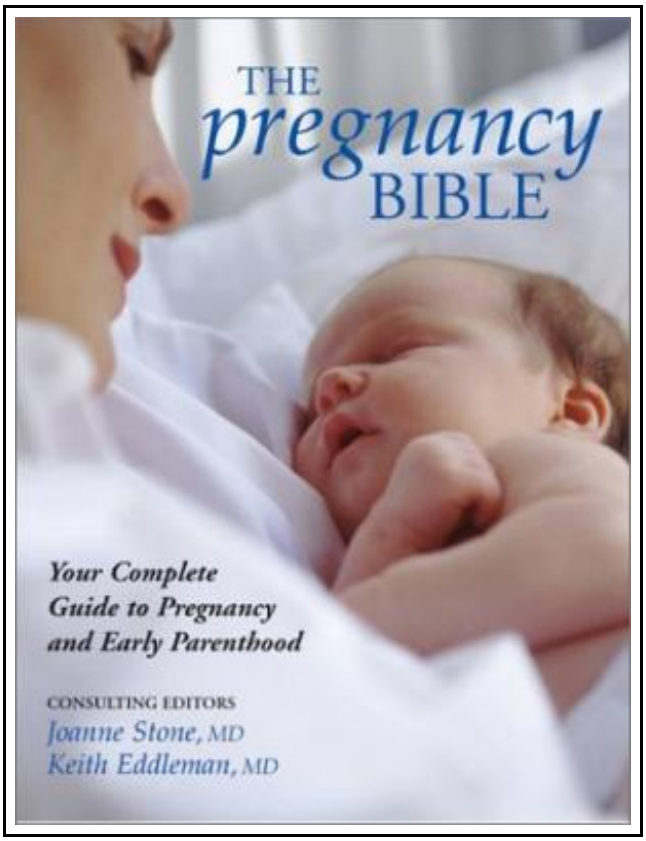
The Pregnancy Bible: Your Complete Guide to Pregnancy and Early Parenthood



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THE PREGNANCY BIBLE: YOUR COMPLETE GUIDE TO PREGNANCY AND EARLY PARENTHOOD

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Firefly Books, 2003. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: An authoritative and up-to-date reference. The Pregnancy Bible combines the knowledge and experience of medical specialists and family doctors -- all under the direction of practicing and widely published obstetricians. It follows the complete sequence of fetal development in utero week by week. Each step is illustrated with full color photography -- many of which are life-size. Dozens of step-by-step illustrations help make the many aspects of infant care easier to master. In-depth and highly readable information covers: Nutrition and exercise Cesarean section Planning for a home birth Options for pain relief Prenatal and postpartum care Coping with emotional changes Taking care of newborns Preparing a safe environment at home Quick reference gatefold spreads help keep track of important tests and check-ups for each trimester. Included is an in-depth directory of specialized tests and procedures available for both mother and child. The Pregnancy Bible is an extensive, accessible, up-to-the-minute sourcebook of everything expecting parents need to know, combining the knowledge and experience of many medical specialists and healthcare providers.

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